

## **How To Make An Effective Poster**



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**Tammy Hoyer** 

With information kindly provided by Lolita Adkins and Jeremy Foin



"The more strikingly visual your presentation is, the more people will remember it. And more importantly, they will remember you."

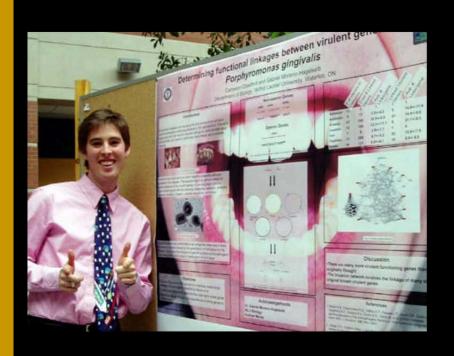
— Paul Arden

# What is the purpose of an academic poster?

"...to display information in a clear, concise manner, while generating interest to engage in a discussion"

"...a big piece of paper (or wall-mounted monitor) that can communicate your research at a conference, and is composed of a short title, an introduction to your burning question, an overview of your novel approach, your amazing results in graphical form, some insightful discussion of aforementioned results, a listing of previously published articles that are important to your research, and some brief acknowledgement of the tremendous assistance and financial support conned from others" (Purrington 2014)

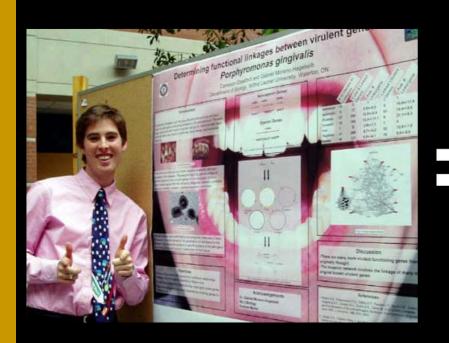
## NO







## YES





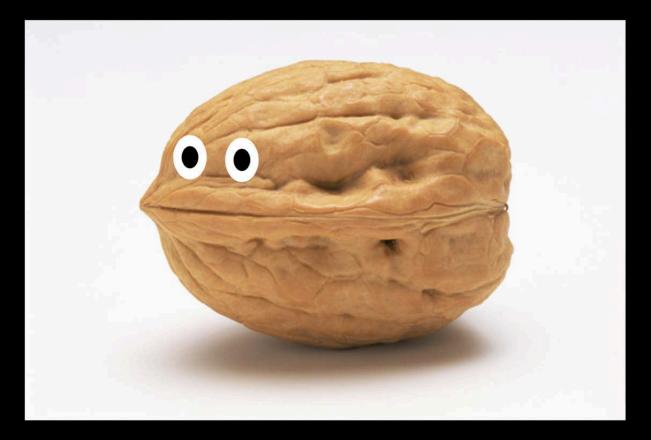
## The implications, please...

HERETICAL STATEMENT #1: conference presentations don't really have that much to do with the research.

**HERETICAL STATEMENT #2:** 

in reality, conference presentations are pretty much all about networking and shameless self-promotion.

## IN A NUTSHELL:



# YOUR POSTER MUST GRAB EYEBALLS.

## **Poster Presentations** Guidelines: The Must Haves



A New Rodent Model of Pediatric Sports-Related Concussion

Angela Avitua, Haroon Shafigue, Angela Echeverri, Stacey Seidl, Nick Yin, Lauren Ekman, Marike Zwienenberg-Lee, Gene G, Gurkoff Department of Neurological Surgery, University of California, Davis, CA



- Rats were anesthetized & per on post-injury day 8.

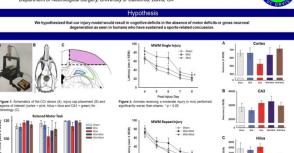
- Surgery was performed under 2N isoflurane (nose cone) in a 2.1 N<sub>2</sub>O.0<sub>2</sub> cernier gas mixture.

  Marcaine was injected under the skin on top of the head as a local anesthetic.
- inesthesia was removed, animals were injured upon return if toe pinch.

- Every 5th section was analyzed between Bregma -2.3 and

CAMP Statewide

Symposium



Welcome

### Animals with a 2 m/s injury (mild) had neither a motor nor spatial learning deficit.

Baseline PID 1 PID 4

Figure 2: There was no difference in motor performance on the Rotarod

- Repeat injury animals displayed no motor deficits and performed similarly to sham animals in the water maz
- Initial stereological counts suggest no hippocampal CA3 damage. Additional counts are needed to assess the hilus and parieta

Does Perinatal Exposure to DDTs and the Development of Glucose Intolerance Promote Skeletal Muscle Deficiency?

Department of Animal Science<sub>1</sub>, Department of Environmental Toxicology<sub>2</sub>, University of California, Davis

M



### Methods





DDTs are spart of a group of toxicarts named President Organic Pollutania (PCPs) that accumulate in annual tissue. DDTs are arisk factor for glucose intolerance. One symptom to glucose intolerance is impaired glucose uptake in tissues. There is no prior evidence suggesting DDTs directly effecting Grip Strength in skeletal muscle.

groups. Although, we did not find conclusive evidence that DDTs impair skeletal muscle function, further research is needed to examine potential indirect effects that DDTs may have on skeletal muscle.

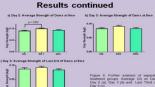
### Hypothesis

Perinatal exposure to DDTs causes impaired glucose untake in skeletal muscle resulting in a decrease in GS.



### Results







### Conclusion

- At 5 mos, DOTs did not effect GS regardless of sex, exposure type, or GS enteria (Avg. OS, Day, Third, & Mas Stereigh).

  Cam GS on Day 3 (Fig. 3b) electrosed conquired to Day 2.

  Dam GS on Day 3 (Fig. 3b) electrosed conquired to Day 3.

  The Commission of Commission o

### Acknowledgements

Extreme gratitude to Michele La Merrill Ph.D for giving me this opportunity to work in her lab. She has encouraged me to build novel skills as well as add upon existing. MeNair Scholars Program and California Alliance for Minority Participation (CAMP) Program for providing me the resources for my future career in research.

## What is an Academic Poster?

- A form of Academic Expression
- Summary of Research (5 10 minutes)
- Visually augmented discussion/interaction
- At conferences viewers come to you (or you can invite)
  - People search published abstracts
  - Posters may be grouped by field & folks may wander
- New Information
- Characteristic Fields
- Appearance/Content varies by Field or Lab



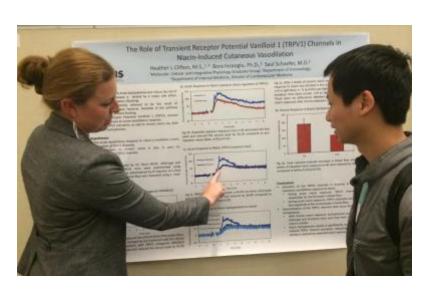
# Why are Academic Posters Important?

- Represents you and you sponsor's research at:
  - Conferences
  - Symposia
  - Hallways
  - Informational Days
- Demonstrate expertise
- Demonstrate attention to detail
- Practice public speaking
- Learn about most current results in field
- Deepens understanding of topic
- Opportunity for teaching and learning
- Share ideas
- Create collaborations



## Vital: Work with Your Sponsor

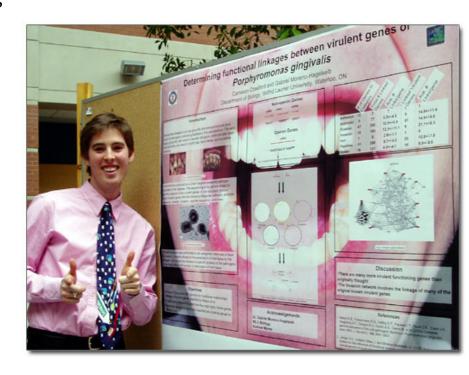
- Represents their laboratory
- They again need to be involved
- New data available what should be included?
- Will want to make revisions (several times)
- Need final approval





# Preparing Your Poster Keep in Mind:

- Characteristic sections with expected information
- Consult rules of conference/rubrics
- Work in collaboration w/ research sponsor
- Decide on experiments that will be presented
- Create a storyboard/plan
- Visually appealing
- Primarily image driven but stand alone
- Simply and tightly written
- Know what to say for each figure
- Transitions between sections
- Practice for your audience
- KNOW all details of project
- Master questions



## Your Audience will be??

 Researchers in your field will read even if bad

Researchers in related fields easily persuaded to view

 Previously uninterested passers by can be attracted by a good poster

• \*\*\*You want to attract these people!\*\*\*

Don't vary content, vary

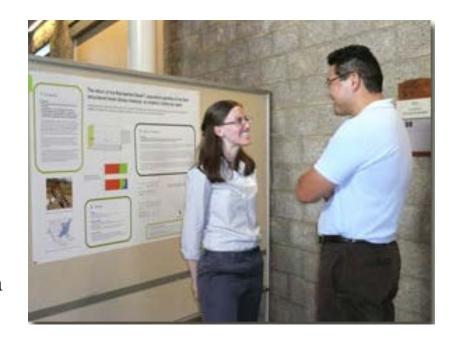
explanation



## Main Elements of a Poster

- Title (same as submitted abstract)
- Name and Campus
- Core Technical Content
  - Abstract
  - Introduction
  - Results
  - Discussion
  - Literature cites/Resources
  - Acknowledgements
- Visuals
- Font should be legible fonts like:
  - Times New Roman
  - Arial
  - Garamond
  - Berkeley UC Davis Medium

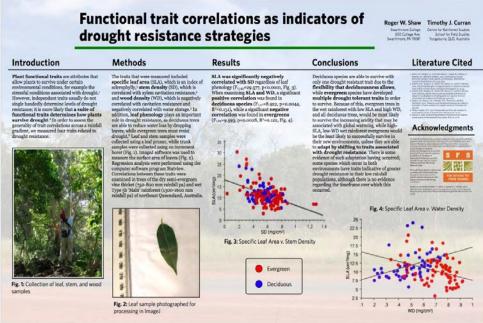
- <u>Do not</u> use illegible fonts like:
  - Brush Script
- Use the same font type throughout your poster
- No smaller than 16 pt. font



## Poster Appearance

- Make rough plan of your poster
- Will have "standard" headings
- Poster provides visual aids as you talk
- Picture worth 1K words
- Carry information with colorful images and figures
- Estimate space that will be needed –
- How many experiments reported
- How many figures needed?
- What types of figures?
- How much text to explain
- Space for text

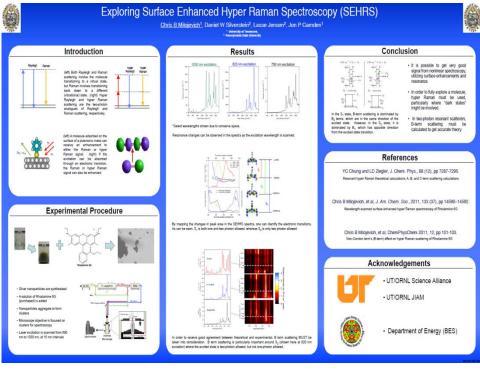
- Poster must be "stand alone" (understandable in halls, unstaffed)
- Has to have words
- Word amount varies with field
- Balance your text and images



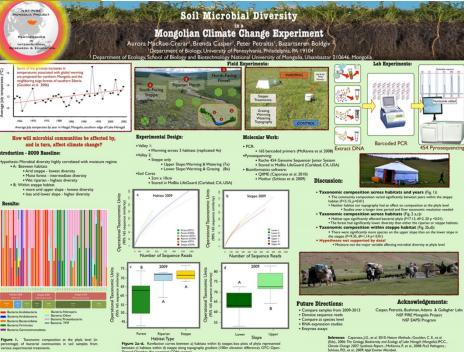
## Poster Appearance

- 36"x48" good for 3 column (Proposal or one experiment).
- Intro Can have image of existing model, or eye catching photo
- Methods can be a flow chart
- Results Figures, Line Graphs common.
- Discussion Often bulleted
- Should be Visually Appealing
- Understand reader "gravity"
- Top left to bottom
- Left to right
- Have an obvious flow
- Headings
- Numbers
- Use "white space" or color frames to organize

- Unobtrusive/Neutral backgrounds
  - White
  - Lt grey
  - Lt beige



## Poster's Appearance



## Which do you prefer?

### A Randomized, Multi-Center, Prospective Analysis of Diabetic Foot Ulcers treated with TheraGauze alone or TheraGauze+Becaplermin

Adam Landsman, DPM, PhD, Beth Israel Deaconess Medical Center, Harvard Medical School, Boston, MA; Patrick Agnew, DPM, Coastal Podiatry, VA Beach, VA; Robert Joseph, DPM, PhD, Dayton, OH; Lawrence Parish, MD, Thomas Jefferson University, Philadelphia, PA; Robert Galiano, MD, Northwestern University, Chicago, IL

Borcaplemin. We found that 46% of the patients in both groups closed within 12 weeks. After 20 weeks, we found that



- The ability of Bercapermin 0.01% gel (Regranes) to achieve wound closure will be improved as historic clinical trials previously reported

octs were required to satisfy the inclusion and extoria. Once enrolled, study subjects had a 1 week lead in time or to initiating treatment. During this time, wound closure



In this study, 32 patients (n=32) were enrolled. As of the time of this analysis, data was available on 26 subjects with 4 lost to follow-up before all data could be collected, and 2 had not completed the study at the time of this presentation. Both cohorts had 13 subjects each, with an average wire of 5.53cm<sup>2</sup> (TG+R), and 6.36cm<sup>2</sup> (TG). There was o









We found that the precise moisture regulating dressi



## what is a visual hierarchy?

"The visual organization of elements within a design format to establish focal points based on their importance to the message to be communicated"

"The organization and prioritization of content as a means to communicate a message"

"Using color, contrast, texture, shape, position, orientation, and size to organize elements in a way that gives users a sense of visual importance"

## why use a visual hierarchy?

- humans are primarily visual creatures
- we tend to focus on differences, not similarities, when making comparisons
- this is a key consideration for designing an effective poster

POSTER = COMMUNICATION, and DESIGN = COMMUNICATION, SO...

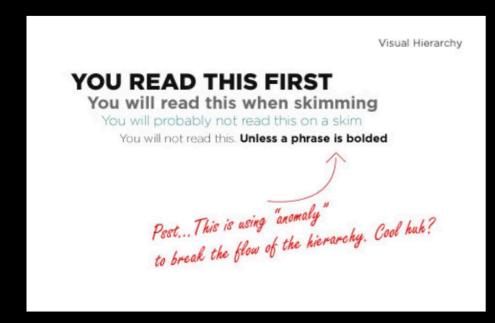
# GOOD DESIGN = EFFECTIVE POSTER

(assuming that your data isn't crap – but there are ways to get around that as well)

## elements of a visual hierarchy

a visual hierarchy is constructed using some combination of the fundamental principles of graphic design

- negative/positive space
- contrast
- repetition
- proximity
- color
- alignment
- typography (not really a principle)

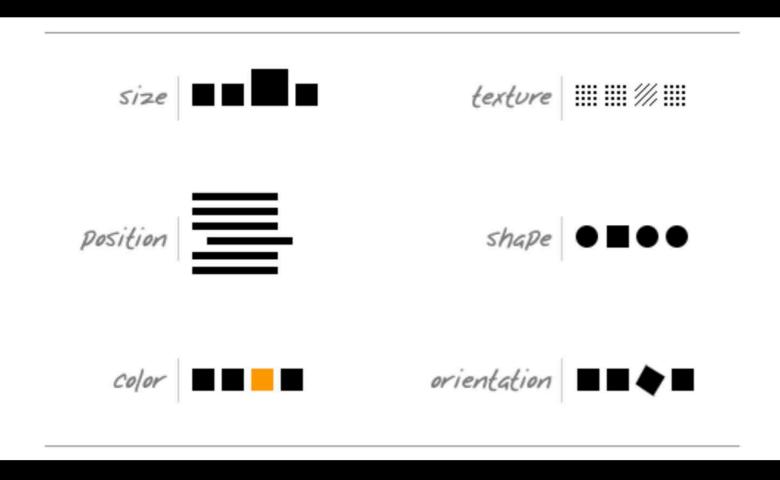


## negative/positive space

- the balance between negative (background) and positive (foreground) space in a composition is very important
  - too much negative space = incomplete or disassociated appearance
  - too little negative space = busy, cluttered, and difficult to read

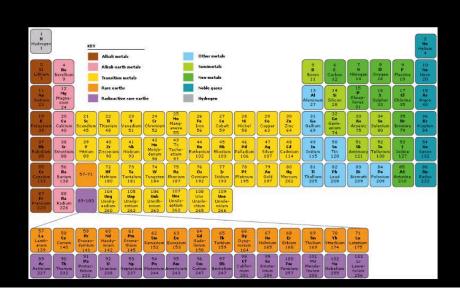
cramming too much information into too small of a space is far and away the numberone mistake in academic poster designs

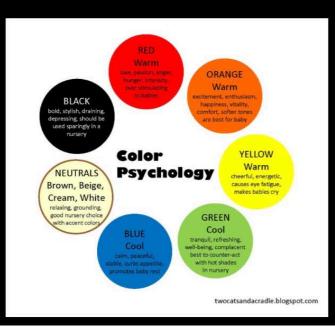
## types of contrast



## color

- color theory is an extremely complicated topic that could take up an entire class on its own
- for our purposes we will focus on two aspects:
  - color as an emotional tool
  - color as an organizational tool





## color temperature - warm or cool?



## color temperature - warm or cool?



## color temperature

## warm vs. cool colors

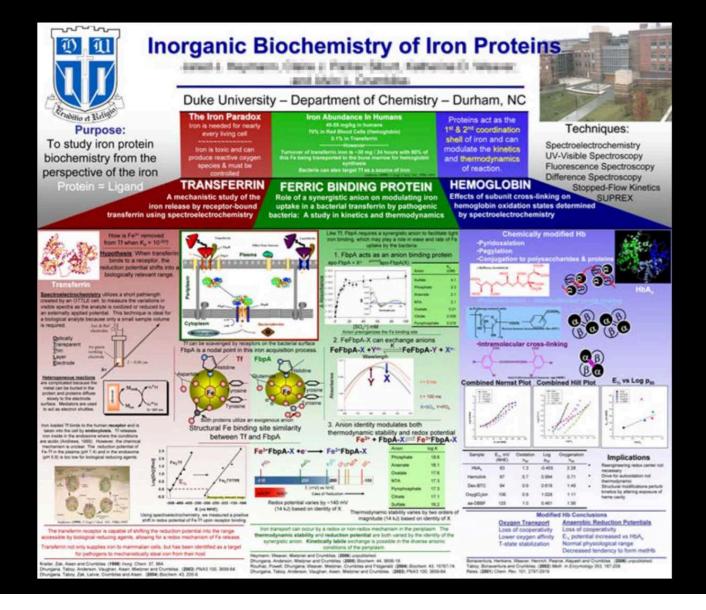
### warm

- hues from red through yellow, including browns and tans
- seem to advance or appear more active; often evoke feelings of happiness, optimism and energy, but can be visually overwhelming

### cool

- cool = blue-green through blue-violet, including most grays
- appear to recede into the background; usually calming and soothing, but can also express sadness

## color as an organizational tool



## a final word about color...

- color is an extremely powerful tool use with caution!
  - using too much and/or too many colors drastically reduces effectiveness
  - a limit of 3 colors is usually recommended
    - but not always possible (think pie charts and the like)
  - however, it is possible to substitute pattern for color
    - also avoids potential problems with colorblindness in your audience (it's much more common than you may think)

## proximity

- moving elements closer or farther apart to achieve a more organized look
- based on the idea that related items in close proximity will be perceived as a unified group
- your audience will respond by:
  - a) tending to naturally group similar items that are near to each other into a single unit, and
  - b) assuming that items that are not near each other in a design are not closely related to one another

## alignment

- arranging elements so that they line up
  - creates order
  - organizes page elements; links disparate groups into a unified whole
  - satisfies the subconscious human desire to line things up (I'm not kidding, this is an actual thing)
  - creates imaginary visual connections

## ignore alignment at your own peril!

## this poster has some serious alignment issues...

### Salvage Archaeology at the Snake River Sandspit Site in Nome, Alaska

### Concurrence of No Historic Properties:

March 10, 1998 - The Corps sent a letter to the 52fPO requesting concurrence that their project to improve the harbor at Nome, Alaska "does not have the potential to affect cultural resources."

April 29, 1998 - The Corps received a letter free the SHPO, in which she concurred that "there are n historic properties in the area of potential effect."

Despite this, the Corps thought it was a good idea to have an archaeological monitor on site during the groundbreaking. A private archaeologist familiar with the area was subcontracted to monitor the initial construction during May 2005.



First evidence of the second house pit (Locus II), covered by Corps webserlogest Margan Grove and built-forcer operator Milke Hubs

### Discovery of the Site (Locus A):

· 1" week of May, 2005 - The subcontracted archaeologist identified the remnants of a sem subterrunean house pit while monitoring the construction.

. The archaeologist took photographs and recovered approximately 25 artifacts, the decided that the house pit was ineligible for inclusion on the National Register Historic Places and allowed the buildozers to push the remains into the ocean.

May 14, 2005 - The Corps received a letter from the subcontracted archaeologist mentioning the discovery and subsequent destruction of the semi-subterrunean house pit

May 26, 2005 - The Corps sent a letter to the SHPO stating that the house pit is "not eligible for the National Register for Historic Places" because it "has lost integrity of design, materials, weekmanship

September 27, 2005 - The Corps sunt a letter to Nome Editino Community (tribe), apologizing for not counting after the discovery of the site and stating that they will continue to work with the tribe eniticate the damage done.

October 28, 2005 - The SHIPO sent a letter to the Corps in which she concurred with the "finding that the house pit no longer retains sufficient integrity to be eligible" and agreed that "appropriate mitigatio could include the development of interpretive signs that discuss the Native history of the Nome area."

Nome Edomo Community Inha Blder Al Sobles and Corps archaeologist Helen Lindensuff extravaling bouse pit & while construction of the revets rock repaires nearly



July 2006 - the Corps sunt one of its own archaeologists, Margan Grover, nestor the continued project construction.

· July 26, 2006 - Margan identified the remains of a second sami subterranean house pit. She called the SHPO and left a telephone message about the discovery of the house pit, along with her contact information. She also contacted the City of Nome, Nome Eskimo Community (tribe), and Bering Straits Native Corporation. She called the SHPO again and spoke with a Review and Compliance Archaeologist at the SHPO's office, who agreed that she should excavate a test pit and do some shovel skimming to identify the boundaries of the feature.

July 27, 2006 - Margan called the SEPO again and left another telepho essage about the site

July 28, 2006 - Margan called the SHPO again and talked with a Review and Compliance Archaeologist at the SHPO's office. Margan told the SHPO archaeologist that she was assuming the site was eligible for the Nation Register, and that she was going to excavate at least 50% of the site.

Eskimo Community, and the City of Nome, with the SHPO participating



### ployees Relea Lindemuth Asens Wilson, Ovy. Connell, Mark Carsell, and largan Grover, Nome Eskimtribal Elder Al Sablin.



Occurred from July 26, 2006 to August 26, 2006.

Involved over 25 community volunteers, including:

City of Nome employees · Nome Eskimo Community (tribe)

employees, members, and tribal Elders · Mr. Karlin Behoak, the tribe's Historic Preservation Representative, participated in

the excavation every day · Kawerak, Inc. (regional non-profit Native corporation) employees

Torpy archaeologist Margar

Grover and Kine Island

Native Community tribal

site unifacts

- Involved 6 Coms employees, including biologists and chemists as well as archaeologists and archaeology interns

### Proposed Mitigation (as agreed upon in the draft MOA):

- 1) Write a site report (Data Recovery Report)
- 2) Provide for an accredited museum conservator to visit the City's Carrie M. McLain Memorial Moseum and assist in the conservation and curation of the site artifacts on display
- 3) Assist with the accessioning of site artifacts and archaeofauna (bagging, cataloging, and if appropriate photographing)
- 4) Provide a museum-quality display case to the City's Carrie M. McLain Memorial Museus
- 5) Present information learned from the site in a series of public lectures in Nome
- 6) Prepare a manuscript on information learned from the site that can be utilized by Nome teachers (grades 5-12)
- 7) Present information learned from the site to a conference of peers
- 8) Submit an article about the site for publication in a peer-reviewed journal (if not accepted, publish discubere)

machinery runs nearby. None Eslamo Community employees Kurlin Brhook and ity of None employee Meghan Ten Eyck





covery of the buster's cache at the midden Nome Eskimo Com entalopes Karlos Brhosk, Corps



Excavaling the medden. Corpo McConnell, Margin Grever, None Eshama Community test of Elder All Dakler, Kawerak employees



### Continued Discovery of the Site (Loci B and C):

· August 3, 2006 - A meeting was held in Nome between the Corps, the Nome teleconference, to discous the discovery of the site and what to do about it.

term sting house get it. None Eskim-Kielin Ethouk, and Al Sahlim. Corps archaeologists Holen Linden with and Mark Carnell, City of Nome employee Meghan Ten Epok



Corps gehanologist Margan Grover All and Margaret Sahlin, and King Island Elders at a public victing of

### Public Outreach in Name:

Public viewing at Old St. Joe's Cathedral (August 10, 2006). \*Over 200 people attended

Viewing of artifacts at Nome Eskimo Community's building. for tribal members (August 2006)

Viewice of artifacts at Kasserak's heilding during the regional shareholders meeting (August 2006).

Another public viewing event at Old St. Joe's Cathedral (Seekember 16, 2006)

- Over 150 people attended

Margan Grover gave a public lecture at the National Park Service's building (November 2006)



Public tiewing of the site artifact at Old St. Jos's Cathedral



following dates):

After a stalemated meeting among the signatories to the MOA on December 15, 2009, and numerous unproductive meetings afterwards, advice was informally requested from the Advisory Council on Historic Preservation. On March 19, 2010, the ACHP sent the Corps an edited deaft of the MOA.

Multiple drafts of the MOA have been sent out to

November 22, 2006

September 22, 2008

signatories and concurring parties (on the

· April 13, 2009

\* August 16, 2009

\* December 14, 2000

A new draft of the MOA is corrently under

Artifact and faunal snalyses are being undertaken by Corps archaeologist Kelly Eldridge, and the Data Recovery Report is being deafted.

## a few classic font pairings:

Myriad Caslon

**Myriad Black** Minion

Franklin Gothic Demi Baskerville

Gill Sans Garamond

Franklin Gothic Medium Caslon

## letter size

Q: how large should you make your type?

A: AS! LARGE! AS! POSSIBLE! THIS CANNOT BE OVEREMPHASIZED. MAKE IT AS BIG AS YOU CAN, THEN ADD ANOTHER 10% FOR GOOD MEASURE.

- rule of thumb: the smallest text on your poster should be clearly legible from 6 to 10 feet away
  - at a minimum, type should be approximately:
    - 72 points for titles
    - 48 points for headings
    - 24 points for body copy

REMEMBER – THESE ARE MINIMUM VALUES!
BIGGER IS ALMOST ALWAYS BETTER
(within reason, of course)

## Poster Overview- 36" by 48"

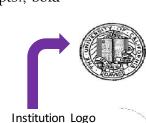
Sponsoring logo

Title: Should be seen from 4-5 feet away. Times New Roman or Arial, Bold, at 60-80 point text



Name Line (First, MI, Last)
Department of?
University of California, Davis, 95616

Name: in 44 pts., bold Department: 40 pts., bold Institution: 40pts., bold



INSERT ABSTRACT

INSERT TEXT

Abstract: No more than 250 words

INTRODUCTION

Heading: Legible font, bold, 44pts. Section: Legible font, bold, 36 pts

INSERT FIGURE

Figure 1: 32 pts, bold

INSERT TEXT

RESULTS

Heading: Legible font, bold, 44pts. Section: Legible font, bold, 36 pts

METHOD

INSERT TEXT

Heading: Legible font, bold, 44pts. Section: Legible font, bold, 36 pts

INSERT FIGURE

Figure 2: 32 pts, bold

DISCUSSION

INSERT TEXT

Heading: Legible font, bold, 44pts. Section: Legible font, bold, 36 pts

ACKNOWLEDGEMENTS Legible font, 36 pts., bold REFERENCES Legible font, 36 pts., bold

## First Thing First: The Title and Abstract

- The title of your abstract is very important
  - Reflect the content of the paper
  - Specific and Succinct
  - Use key words for indexing and for searches
- 250 Word Max
- Includes the following:
  - The research question or problem
  - The methods
  - The observations
  - Analysis, assessment and implications
  - Major findings, results and conclusions
  - REVIEW WITH MENTOR

### **Abstract Example:**

ANALYZING THE PHYSICAL INTERACTION BETWEEN Pch2 AND Cdc23 IN SACCHAROMYCES CEREVISIAE.

SOLIS, Ryan D., Senior, Neurobiology, Physiology, and Behavior Major, Dr. Sean M. Burgess, Department of Molecular Cellular Biology, University of California, Davis.

In sexually reproducing organisms, meiosis serves as a specialized form of cellular division that creates four haploid gametes from a single diploid cell. In prophase I of meiosis, homologous chromosomes physically interact by pairing and exchanging genetic material through recombination. This is followed by the separation of chromosomes during the first meiotic division. Inappropriate pairing and failed segregation of chromosomes can lead to improper chromosome rearrangements and aneuploidy. Furthermore, these errors can lead to birth defects, cancer and other diseases. In budding yeast, Pch2 protein is involved in a meiotic recombination checkpoint that is responsible for the proper segregation of chromosomes by arresting cells that show abnormal crossover patterns. To further investigate Pch2 functions, a yeast two-hybrid assay was used that tests for physical binding between Pch2 and potential interactors. The sequences isolated from positive interactors were compared to the yeast genome to search for homology between known proteins. Sequence homology search provided several possible protein interactors and from these results we have focused on conducting further studies with Cdc23. Cdc23 is an essential protein and part of a protein complex called the Anaphase Promoting Complex. This complex is known to participate in ubiquitination of targeted proteins involved in the progression through mitosis and the G1 phase of the cell cycle. Along with Pch2, we suspect that the APC may have a role in chromosome-protein structure. Currently we hope to use a GFP tag to view Cdc23 localization in the cell and create a meiotic null of the protein to further conduct studies to better understand its interaction with Pch2 during meiosis.

### Title Example:

Does Perinatal Exposure to DDTs and the Development of Glucose Intolerance Promote Skeletal Muscle Deficiency?







## Introduction

- Or Background
- This is separate from your abstract!
- State the research question and significance of the study
- Include related current investigations
- If you are there, they won't read it so SAY IT!
- Get viewers interested
- Reason you chose to study
- Foundation for your work (Models)
- General topics to specific
- Equivalent to 1 double spaced 12 pt page
- Usually contain citations/references (cite!)
- May have Purpose and Hypothesis embedded
- Generally completes first column

### INTRODUCTION

Various implant surface modifications, such as the application of hydroxyapatite (HA) coatings, have been reported to aid in accelerating osseointegration. These improvements in dental implant surfaces have allowed clinicians to replace missing dentitions more effectively and successfully in both fully and partially edentulous subjects. However, failures leading to implant removal still occasionally occur, and these failure occur either early following the installation of the implant or later when the implant supported reconstruction has been in function for various periods of time. In many instances, bacterial adhesion on implant surfaces has a strong influence on healing and long-term outcome of dental implants. In order to improve the life and success of implant therapy, there is a need to investigate the additive anti-bacterial effect in conjunction with the enhancement of rapid bone formation. Since the antimicrobial properties of the silver (Ag) have been exploited for a long time in the biomedical field, the objective of this study was to evaluate the initial anti-bacterial adhesion and osteoblast cell proliferation and differentiation on Ag doped HA coating surfaces.

## Introduction

Francisella fularensis is highly infectious bacterium that causes the
disease fularentia. F. fularensis has been classified as a potential
biological weapon. There is currently no vaccine approved for
human use, and its mechanisms of pathogenesis are poorly
understood, in part because of a lack of genetic tools to study this
organism.

 F. tularensis is divided into several subspecies, including the highly virulent (for humans) subsp. tularensis, the moderately virulent subsp. holarctica, and the low virulence (for humans) subsp. novicida.

 A cluster of genes, the Francisella Pathogenicity Island (FPI), has been shown to be essential for F. tularensis virulence.

The FPI is duplicated in subspecies holarctica and tularensis.

 The /g/C gene, located in the FPI, is essential for intramacrophage growth and virulence in mice.

 A lack of efficient genetic tools have hampered the study of subsp. holarcitica and tularensis. Moreover, the duplication of FPI genes has made the study of these genes in the more virulent subspecies cumbersome.

 We have developed a system for gene disruption in F. tularens/s that utilizes a retargeted Group II Intron.

 This "Targetron" system works at high efficiency in subsp. tularensis, holarctica, and novicida, and generates unmarked disruptions

# Phospholipase Carbia PLCC, a member of phospholipase o thinky, sex identified as the spening processing fertilization. A Phospholipase of processing cocytes, and thereby coursing fertilization. A Phospholipase of processing cocytes, and thereby coursing fertilization. A Phospholipase of processing cocytes, and thereby coursing fertilization. Phospholipase of processing process of processing cocytes, and processing process of processing processing process of processing process

homology modelling severaled that the calcium binding region of C2 domain as well as the catalytic Yingdon of

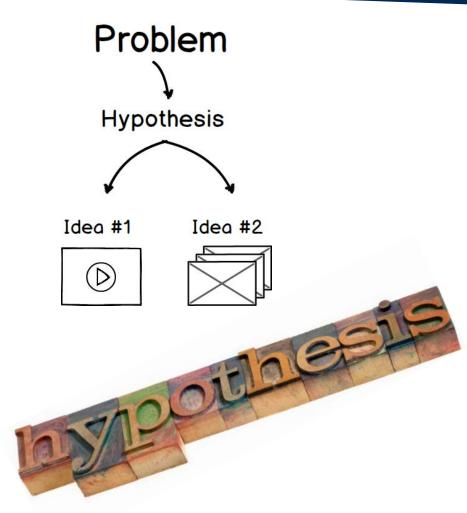
PLC-C were expected to be significantly different from

empirically determined PLG-51.

INTRODUCTION

## Purpose and Hypothesis

- Can be embedded in Introduction, but
- Sometimes a separate section, to emphasize
- Purpose or Objective, Aim, Goal, etc.,
- Why you did experiment?
- "The purpose of this project..."
- Good for Student Conference
- (Promotes solid judging)
- Hypothesis
- Same as for abstract



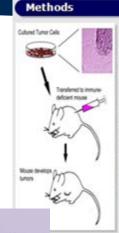
## Methods

Methods

Day 2+ Yest Day 5

Figure 1a. Experimental Design Diagram

- Describe procedures and methods in detail to allow observer to understand how, when, where data was obtained.
- Describe challenges and lessons learned
- Text with subheadings
- Can include a flow chart to summarize
- May include citations
- Make sure to include:
  - subjects
  - experimental design
  - drugs and equipment used
  - statistical methods
  - why you chose the method



Floure 1. Animals were maintained on a 12:12 light dark cycle and maintained on Purina mouse chow. MCF-7 mouse mammar tumor cells (ATCC) were cultured in DMEN with 5% fetal bovine serum (Gloco-Bri) at 95% CO. In T25 coated flasks (Falcon). Cells were collected at 50% confluence and diluted to 104 cellimi in physiological saline (Hyclone). 0.1 ml of the cell suspension was injected subcutaneously into 5 regions of the back on nude mice. Tumors were allowed to develop for 30 days, and measured. Mice were separated intao untreated, sham IP Injected high dose Compound-X (7 micrograms/gram wt) and low dose (2 micrograms/gram wt groups, and then treated for 30 days. Animals were filmed to judge their total daily time spent in grooming activities (Swizman Rodent Degression Test, Swizman et al. 1994), to assess possible depressive effects of the treatment. After 30 days, fumors were measured across their greatest width, both externally and after harvest. Results were analyzed using a student's T-Test.

## MATERIALS

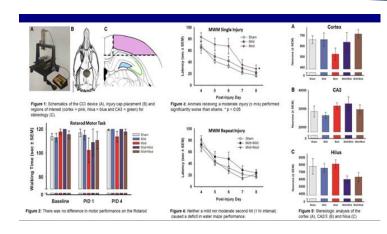
Coating process by Sol-gel methods: Commercially pure titanium (Ti) disks of (15 mm diameter and 2.0 mm thick) were used as substrates. All disks were wet ground with 240, 400 and 600 grit silicon carbide papers, followed by ultrasonic degreasing using acetone and ethanol for 10 minutes each. Deionized water was used for rinsing the disks between applications of each solvent. A passivation procedure was then conducted by exposing the Ti disks to a 40% volume nitric acid solution at room temperature for 30 minutes (ASTMF86-91).

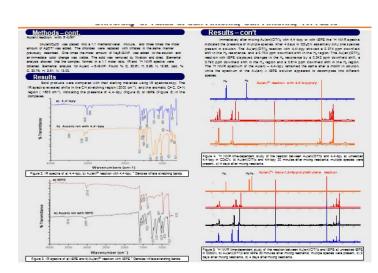
Prior to coating on the passivated Ti surfaces, hydroxyapatite (HA) and 1 wt% silver (Ag)-doped HA (HA-AG) sol were produced. The HA sol was prepared by reacting calcium nitrate tetrahydrate [Ca(NO<sub>3</sub>)<sub>2</sub>·4H<sub>2</sub>O] with methyl alcohol to produce calcium precursors. Phosphorus precursors were also prepared by reacting triethyl phosphite [(OC<sub>3</sub>H<sub>2</sub>)<sub>2</sub>P] in 0.03 ml acetic acid (CH<sub>2</sub>COOH). The two precursors were then mixed and 0.1 mol of DCCA (Drying Control Chemical Additive) was added to the mixture. All reactions were carried out in argon atmosphere. Similar to the HA sol, AgHA1.0 sol was produced by mixing the calcium and phosphorus precursors with 1.0 wt % silver nitrate (AgNO<sub>3</sub>) and 0.1 mol DCCA. AgNO<sub>3</sub> was chosen for Ag doping because of the easy decomposition of nitrates during heating.

The prepared HA and HA-AG sol were then coated on passivated Ti surfaces by spin coating at 5,000 rpm for 50 seconds. The coated-Ti surfaces were immediately dried at 70°C for 12 hours, followed by a heat treatment at 650°C for 3 hours. The HA-coated surfaces were used as controls in this study. All samples were autoclaved prior to materials characterization and all culture experiment.

## Results

- Largest section
- Vary with field
- Often two middle columns
- Summarizes the data and reports results of statistical tests and analyses (- or +)
- Draw implications and considerations
- Don't present raw data
- Make Image-based; use few words
- Maximize use of Figures
  - Make them simple
  - Must be easily seen
  - Make all lines wide enough
  - All text large enough!
  - Consistent axes across poster
- Minimize use of tables
  - Difficult to grasp quickly
- Use figure legends/captions as text
- Put text near figure it's describing
- ~1 paragraph per image/image group





## Conclusions/Discussion

- Or discussion or summary
- Very few words
- Bullets good
- Bigger font if needed
- \*Summarize "take home" results
  - Interpret the meaning or implications of your results
  - Mention any alternative explanation for results or unanticipated results
- \*How did hypothesis work out?
- \*Tie back to real world problem
- \*Why Important/Implications
- Aim for:
  - Reasonable conclusions were given and strongly supported with evidence
  - Conclusions were compared to hypothesis and their relevance in a wider context was discussed

## Conclusions

- We have adapted a group il intron-based system for efficient targeted mutagenesis of F tularensis
- This system is effective and efficient across F. tularensis subspecies: tularensis, holarctica, and novicida
- This system was used to successfully disrupt blaß found. In single copy in the F. tularensis genome.
- This system was used to successfully disrupt both copies of the duplicated IgIC gene in a single manipulation.
- Targetrons should be a valuable genetic tool for the dissection of F. tularensis pathogenesis.

This study was supported by NIH FOLARS 986 to KEK and NIH GM 00005 to SAR.

### SUMMARY AND CONCLUSIONS

In this study, x-ray diffraction analyses of Ag-doped HA thin film by sol gel method indicated geaks amongoning to HA. Contact angles for HAAAO surfaces were observed to be significantly lower when compared to HA surfaces. It was becomed adhersion study indicated a significantly reduced number of S. guidermals and S. aureus on HAAAO surface when compared to HA surface, whereas significantly reduced adhersion of visible S. aureus was observed on HAAAO surface when compared to Ti and HA surfaces. Additionally, no significant difference of establish activity was observed on three different surfaces testal. Overall, it was concluded that he 1% Ag-doping on HA surfaces were non-testic to establish cells. Additionally, it was also annehaled that the 1% Ag-doping was effective in reducing bacterial adhersion.

## References/ Literature Cited

- Include sources/resources that supported your work
- If someone's work is cited (usually in introduction), you must include a reference
- Generally "short" (title optional)
- Can use smaller font if needed

## References

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- 5. Survey Data from Chinatown, Flushing, and Fresh Meadows

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(c) Reynolds L. De, L. Houge, II., Eutomobile, C., Eggi HL, M., Hooft, C. (2007). Companions of legit density greatinging results from solute and blood benights on provide Generalization Communication SMP-61 among. (c) Region, Nr. Clerk, L. Lee, Nr. Cosca, Nr. Densite, E. (2007). New Sales SMM Callestion method companied to because of deletion exchanges for opinionsing.

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## Acknowledgements

- Acknowledge the faculty and staff who supported you.
- Thank people
  - Mentor
  - Research group
  - Technical assistance, etc.
- Reveal possible conflicts of interest
- Identify funding utilized
  - CAMP, LSAMP-NSF, NIH, etc.
- Font can be smaller than rest of text





## Acknowledgements

We would like to thank Mr. Angus Rhododendrum and Suzanne McPerkins for their technical assistance.

Funded by NIH Grant #94-90082, the MBR S-RISE program (NIGMS #22209987), and the American Tobacco Association.

Dr. GP Taylor is a paid consultant for the Amelioron company, which has been licensed to develop Substance-X as a chemotherapeutic agent.

## **Acknowledgements**

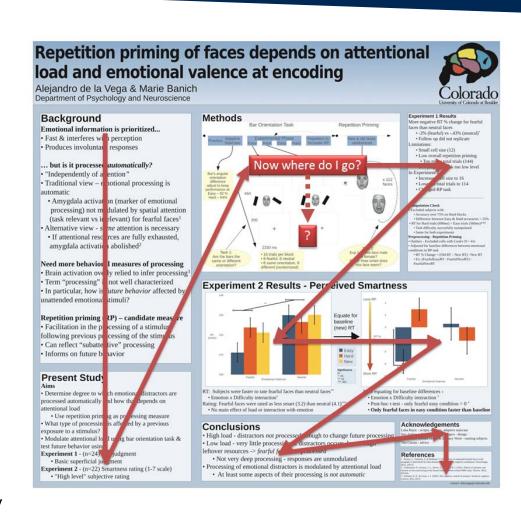
National Institute of Health (NIH-SCORE program, Grant No. GM-08194)
Partially funded by NIH/NIGMS MBRS-RISE GM6065

## Acknowledgements

- ♦We would like to thank:
  - ♦Our mentors Dr. Stergios Roussos and Dr. Maria G. Pallavicini for their support during the long and strenuous journey of establishing ITCH.
  - ♦ All participating ITCH members whose hard work has made this organization a possibility.
  - \$\phi\$All community leaders, community professionals, and UCM faculty whose devoted time and patience has been greatly appreciated and has helped with the establishment of ITCH.

## Remember to check that:

- All expected components are present, clearly laid out, and easy to follow in the absence of presenter
- The text is concise, legible, and consistently free of spelling or typographical errors; the background is unobtrusive
- The figures and tables are appropriate and consistently labeled correctly
- Photographs/tables/graphs improve understanding and enhance the visual appeal
- For ideas can go to Pimp My Poster: http://www.flickr.com/groups/ 688685@N24/



## High Resolution Reconstructions of Sea Surface Temperatures from Pacific Geoduck Growth Increment Chronologies Matthew J. Stuckey<sup>1</sup> & Bryan A. Black<sup>2</sup>

<sup>1</sup>University of California, Berkeley, Berkeley CA 94720, USA. <sup>2</sup>Oregon State University, Hatfield Marine Science Center, Newport OR 97365, USA.

> National Science Foundation Research Experience for Undergraduates Hatfield Marine Science Center, Oregon State University March 2008 Ocean Sciences Meeting, ASLO



## **Abstract**

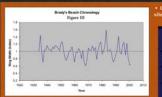
We demonstrate the potential for reconstructing sea surface temperatures along coastal British Columbia, Canada, using four chronologies developed from the growth increment widths of Pacific geoduck clams (Panopea abrupta). The four geoduck chronologies range from the southernmost to northernmost borders of British Columbia and were developed using standard tree-ring (dendrochronology) techniques, including crossdating. Although each geoduck chronology significantly correlated with local records of sea surface temperatures (SST), correlations were unstable over time. In every chronology, the relationship with SST would occasionally dissolve for a period lasting approximately ten years. The timing of these climate-growth breakdowns was inconsistent and varied among the chronologies. For any one chronology, inconsistent climate-growth relationships represented a significant complication for developing accurate SST reconstructions. However, when geoduck chronologies were combined via simple averaging, irregularities in climate-growth relationships canceled out one another to yield strong and highly stable SST reconstructions. Final SST reconstructions captured more than 60% of the variance in the instrumental record and extended more than 120 years, capturing the historical range of variability and providing context for current climatic

## Discussion



## Methods

## Results



er chronology from Brady's Beach (Figure III spans from 2001 back to 1934



hronologies explains 50% of the variance in he SST record at Langara Lighthouse (left),



## Acknowledgements

### · Many thanks to ..

\* MAILY (MAILKS 10...)

\* NIME Cas CSU for hosting the REU program

\*NST for funding this project under award COT-6488315

is Biological Research Station of the Department of Fisheries and Cocare Canada for providing our good

\* Itchung Cheung, Dr. George Boehlert, and many others at Haffield for shaping the REU experience

\* Itchung Cheung, Dr. George Boehlert, and many others at Haffield for shaping the FEU experience

\* Itchung Cheung, Dr. George Boehlert, and many others at Haffield for shaping the REU experience

\* Are Strom for developing the Puget Sound chromology.

\* Dr. Boase Black for his conscious mentionship and thremendous help with this project

on, please contact Matt at mstuckey@berkeley.edu or Bryan at bryan.blaci

## Examples of Excellent Posters

## Does Perinatal Exposure to DDTs and the Development of Glucose **Intolerance Promote Skeletal Muscle Deficiency?**



Ciara Main<sub>1</sub>, Michele La Merrill Ph.D<sub>2</sub>

Department of Animal Science<sub>1</sub>, Department of Environmental Toxicology<sub>2</sub>, University of California, Davis





### Abstract

The once ubiquitously used pesticide DDT and its metabolite, DDE (together, DDTs) have been an environmental health concern for many decades. Recent epidemiological and mechanistic data link DDT exposures with devastating diseases such as obesity, hypertension, and of components of Type 2 Diabetes. Our work surrounds perinatal exposure of DDTs and adult phenotyping. C57BL/6J mice were exposed to DDTs from embryonic day 11 to postnatal day 5, raised on normal chow, and switched to high fat diet (HFD) at 4 months to initiate obesity. Three months after exposure, dams exposed to DDE during pregnancy were glucose intolerant, while their female offspring displayed elevated fasting insulin. Disruptions in peripheral glucose utilization prompted us to explore whether tissues that rely heavily on glucose uptake were displaying a phenotypic defect. One month after being put on HFD (5 months after exposure), we measured muscle strength. To assess muscle deficiency, we tested forelimb grip strength (GS) using Chatillon Machinery Grip Strength Machine (Largo, FL), GS was tested over three days with 15 trials/day. On days two and three, overall grip strength, max strength, and first and last third of each trial were analyzed. Dams showed a difference in strength between days two and three, however F1 offspring had no significant change between treatment groups. Although, we did not find conclusive evidence that DDTs impair skeletal muscle function, further research is needed to examine potential indirect effects that DDTs may have on skeletal muscle.

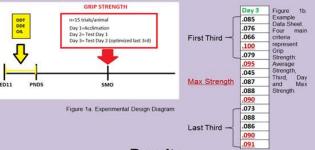
## Introduction

- · DDTs are apart of a group of toxicants named Persistent Organic Pollutants (POPs) that accumulate in animal tissues.
- DDTs are a risk factor for glucose intolerance.
- · One symptom to glucose intolerance is impaired glucose uptake in tissues.
- · There is no prior evidence suggesting DDTs directly effecting Grip Strength in skeletal muscle.

## **Hypothesis**

Perinatal exposure to DDTs causes impaired glucose uptake in skeletal muscle resulting in a decrease in GS.

### Methods



### Results

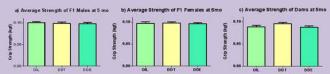
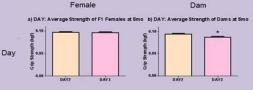


Figure 2. Average Grip Strength effects of F1 male (a), F1 female (b) and F0 dams (c) when separated by



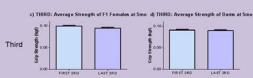
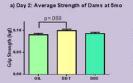
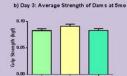


Figure 3. Data from F1 female (left column) and F0 dam (right column) avgerage GS at 5mo in respect to Day (top row) and Third (bottom row) criteria

### Results continued





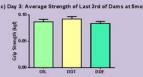
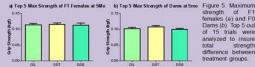


Figure 4 Further analysis of separate treatment groups. Average GS on Dam Day 2 (a), Day 3 (b) and Last Third on

### Max Strength



Dams (b). Top 5 out of 15 trials were analyzed to insure

### Conclusion

- · At 5 mos, DDTs did not effect GS regardless of sex, exposure type, or GS criteria (Avg. GS, Day, Third, & Max Strength).
- Dam GS on Day 3 (Fig 3b.) decreased compared to Day 2.
  - Given smaller SE and CV (data not shown) we conclude that GS measured on Day 2 is more robust than Day 3 due to possible decrease in endurance of Dam Day 3.
  - Optimizing the Last Third on Day 2 is the best strategy to collect

## **Acknowledgements**

Extreme gratitude to Michele La Merrill Ph.D for giving me this opportunity to work in her lab. She has encouraged me to build novel skills as well as add upon existing. McNair Scholars Program and California Alliance for Minority Participation (CAMP) Program for providing me the resources for my future career in research

## Examples of Excellent Posters

Expression, purification, and crystallization of recombinant mouse phospholipase c-zeta (PLC-ζ)

Pang, Allan

BSc Genetics | School of Biosciences, Cardiff University, Cardiff, Wales CF10 3US



### ABSTRACT

PRIFYSCOL

CAFRDYD

The aim of this study is to express and purify recombinant PLCC protein fit for studyne identification through X-ey crystallography. To date, there is no available empirical data of the 3D structure of PLC-C. The identification of the structure is crucial as it presents intermetion that will facilitate undentianding of the protein mechanism and equalston, both of which remained unknown. Beinformatic analysis was also utilised to draw initial structural information, specifically on the domain differences of PLCC, and empirically determined structure PLC-61.

### INTRODUCTION

 Phospholipse Casts (PLC-Q), a member of phospholipse o family, was identified as the sperm factor responsible for activating occytes, and thereby causing ferfication<sup>1</sup>.



Figure 1. Enzymatic action of PLC.C. (A) Hydrolysis of PP<sub>2</sub> by PLC.C (released from sperm) produces DAG and P<sub>3</sub>. (B) in turn. P<sub>3</sub> activates Ca<sup>2</sup> channel of ER to release calcium. This hypothesize to produce Ca<sup>2</sup> oscillation and eventually fertilization.<sup>2</sup>

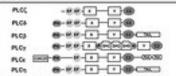


Figure 2. PLC Domain Organization. PLC-C consists of EF-hand domain, catalytic (X and Y) domain and C2 domain. These domains are also found in other PLC isoforms. PLC-5 showed closest resemblance to PLC-C.\*

 Bioinformatic analysis through sequence alignment and homology modelling avealed that the calcium binding region of C2 domain as well as the catalytic V-region of PLC-5, were expected to be significantly different from empirically determined PLC-51.

### EXPERIMENTAL RESULTS

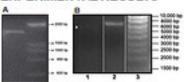


Figure 3. Molecular cloning of PLC[128 construct. (A) Two step PCR amplification successfully produce a PLC-2 construct with 6+RS and 3C protease clanage site (1813 by n size). (B) Construct was ligated into pET102/D-TOPO vector. This is validated by settrictin dispert using CBI. Vector alone (1) showed a lower band compared to vector with the construct (2).

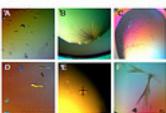


Figure 5. Crystalisation of PLC(124 Construct. Six different screening conditions were found to be suitable for crystallizing the posteri. Crystals were confirmed to be posteri due to birefringence characteristic under polarised light. Protein crystals A-E were needed to be optimised to obtain larger crystal. Protein crystal F was tested for X-ray diffraction. Preliminary analysis, however, swealed that X-ray diffraction catternwashindered by presence orbitoin sati concentration.

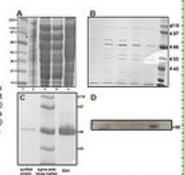


Figure 4. Protein expression and publication.

(A) Molecular veight meriter (iner 1). Protein bands after P10 induction (pare 2). Protein bands after P10 induction (pare 2). Protein construct migrated at 83 kDa. Notein bands were useful or capture protein (pare 3) and the beads were washed with high sat concentration (pare 4) to emove conteminants (pare 5). (B) Fractions collected after cleaved protein (by 30 protease) passed though FPLC-bin exchange method. Bands migrating at around 66 kDa (which corresponds to PLCC(24) potein) as bund. (C) Further purification through FPLC-gel fittiation method to obtain purified sample. (C) To verify that indeed the protein band is PLC-C, Western bid was employed using antibody specific to XIV livium.

### CONCLUSION

- It was predicted from the bioinformatic analysis that PLC-C will fold in the same general topology as PLC-61 (without PHdomain).
- Specific differences were predicted to be in the Y-region of catalytic domain and GZ domain.
- This hypothesis, however, was not tested as X-ray diffraction data collection failed. This was due to presence of high selt concentration. Future study may need to after buffer system to obtain this structural data.
- The recombinant mouse PLC-\(\zeta\) was successfully expressed, purfied and crystalized. However, the expression level is low.
- It was assumed that the protein was catalytically active in bacterial cell and overproduction caused toxicity and metabolic stress.
- To obtain higher potein expression, different vector system and bacterial strain may be used.<sup>†</sup>
- The utimate aim is to reveal the 3D stocture of human PLC-C. However, the expression of the human PLC-C, was much lower. It is possible though to construct a more accurate model if an empirical 3D structure of mouse PLC-C, was determined and used as a temptate.

### ACKNOWLEDGEMENTS

I would like to thank Dr. A. Rossbach for the antibody used in Western bitting. Dr. LG D'Chuz for the PLC(124 construct, 3 pressure and his supervision, Mr. Peter Wilson for technical support.

## EXPERIMENTAL PROCEDURE

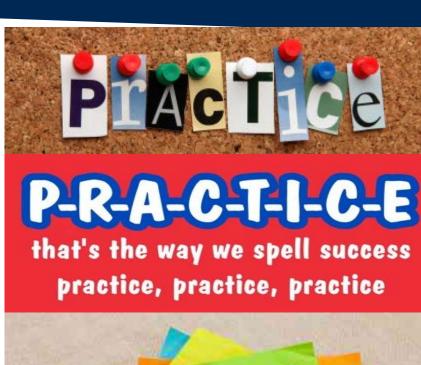
PLC(124 construct was generated using two-step PCR to incorporate 6-HS and 3C protease ecognition site. Construct was ligated into pET102-0110PO vector and transformed into E. coll BL21(DE3). Potein expression was induced using PTG. Besterial lysis was carried out using Flanch Pleas. Protein construct was captured using Nickel beads and cleavage of the protein from the tags were completed by 3C protease. Further purification was carried out using FPLC (on-exchange and gel fitnation chromatography). Cyptarlization of protein was carried out using sitting often separ-diffusionmethod.

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## Practice Makes Perfect

- Finish early enough to practice
- MAKE SURE TO PRACTICE!
- Develop 5 minute presentation
- Know first sentence
- What to say for each figure (3 pts...)
- Transitions between figures
- What to point at for each figure
- Practice with lab mates and laypersons
- Run through ENTIRE poster
- Be friendly
- Don't sound like you've memorized
- Be excited about your work
- Remember to refer to your poster!
- They may interrupt with questions
- Pause long enough for them look at figure
- Know what questions may be asked....
  - Can practice them





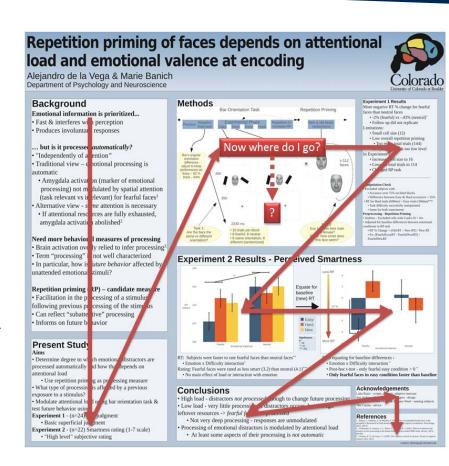
## First Contact

- Stand to left of poster (where start reading)
- Take initiative
- Smile, but stay near poster
- If they come closer
- Say, "Hello" and shake hands
- Give name. Get their name.
- Give level, and university (UC Davis)
- Ask if they'd like "you to walk them through your poster"
  - YES? Then GO!
- This is work that I performed this summer in the \_\_\_\_ program in the laboratory of Dr. \_\_\_\_ at UC Davis.
- (Optional) Ask if they are familiar with this field of research
  - No- More introduction, careful with acronyms
  - Yes- Can go more quickly through intro



## The Flow of Things

- Start with Intro that will catch them
  - No pointing if you have no figure!
- Move to Methods
  - Briefly summarize
- Move to Results
  - Longest section
  - Indicate at beginning if did not work
  - Walk thru all figures
- Transition to Conclusions
- Say Conclusions
- Acknowledgements (optional)
- Any Questions?



## The Just in Case Items:

- Carry your poster with you at all times (do not leave as checked baggage)
- Dress for situation
  - Follow culture of conference
  - Student conference suit...or minimally khaki's
  - Comfortable shoes
- Be there on time!
- Don't leave unless it is very important to do so (if so, leave a friend there momentarily)
- Mini-poster printed out
- Pins
- Water
- Business cards (check your email!)
- Notebook
  - Networking write down ideas and names!





## Remember

- If you network please remember to email them!
- Keep promises that you've made
- Hang poster outside your lab
- Sample posters can be seen online
  - google search
- A "template" can be found at:
  - http://urc.ucdavis.edu/conference/i ndex.html



## References and Sites to Visit

- How to Write an Abstract: <a href="http://vimeo.com/3968357">http://vimeo.com/3968357</a>
- How to Present: http://www.vimeo.com/3968357
- Click <u>here</u> for PosterTalk helpful presentation, which was used to create parts of this presentation. Thank you Dr. Gail P. Taylor!
  - Or visit: http://r.search.yahoo.com/\_ylt=A86.J7.Ct6FU\_AIAj4wPxQt.;\_ylu=X3oDM TByNzhwY2hkBHNlYwNzcgRwb3MDMgRjb2xvA2dxMQR2dGlkAw--/RV=2/RE=1419913218/RO=10/RU=http%3a%2f%2fwww.utsa.edu%2fmbr s%2fresources%2fcourses%2frescar%2fPosterTalk.pptx/RK=0/RS=8753.1i dne73Y6qpS9cTFIPF8\_0-
- Colin Purrington: Advice for designing scientific posters.
   <a href="http://www.swarthmore.edu/NatSci/cpurrin1/posteradvice.htm">http://www.swarthmore.edu/NatSci/cpurrin1/posteradvice.htm</a>
- Knowledge Management in Health Services; HSERV 590A: Creating a Poster Using MS PowerPoint University of Washington <a href="http://courses.washington.edu/~hs590a/weblinks/poster.html">http://courses.washington.edu/~hs590a/weblinks/poster.html</a>
- Creating Effective Poster Presentations Hess and Liegel. http://www4.ncsu.edu/~grhess/posters/
- University of Buffalo- Designing effective poster presentations <a href="http://ublib.buffalo.edu/libraries/units/sel/bio/posters.html">http://ublib.buffalo.edu/libraries/units/sel/bio/posters.html</a>
- University of Kansas- Jeff Radel
   <a href="http://www.kumc.edu/SAH/OTEd/jradel/Poster">http://www.kumc.edu/SAH/OTEd/jradel/Poster</a> Presentations/PstrStart.html

## GOOD LUCK ON YOUR POSTERS!!

